

Author Information:

Tina M.-L. Campbell is a 53-year-old author based in Vodskov, near Aalborg in Northern Jutland, Denmark. She has written 13 books, including two in English, and is also an active public debater. Married to Neil, a Scotsman, Tina is a mother of two and a stepmother to Neil's grown-up daughter from a previous marriage.

Her passions include writing and healthy eating – both of which are central to her broader interest in living a healthy lifestyle. Tina has long been aware of the EULAR essay competition, primarily through her former role as Chair of FNUG (The Danish Organisation for Young People with Rheumatism), where she would receive yearly reminders as deadlines approached.

This year, when she read the competition's theme, a clear story immediately came to mind. With the mental space and professional flexibility to act on it, she felt it was the right moment – almost like a sign – to finally write and submit her essay.

Information

Short paragraphs of information about the author:

Age:

53

Profession:

Author of 13 books (2 books in English) and an active public debater.

Family status:

Married to Neil, who is Scottish. We have two children together, and I'm also a stepmother to his grown-up daughter from a previous marriage.

Town:

Vodskov, near Aalborg in Northern Jutland, Denmark.

Interests:

My greatest passions are writing and healthy eating – and more broadly, living a healthy lifestyle.

Where did you learn about the Essay competition:

I've been aware of the EULAR essay competition for quite some time, mainly due to my previous role as Chair of FNUG (The Danish Organisation for Young People with Rheumatism). Every year, a reminder in my calendar has told me when the deadline was approaching.

Why did you choose to participate:

This year, as I read the theme, a clear story suddenly came to me. I also happened to have the mental space and professional flexibility at that moment, and it felt almost like a sign that now was the right time to finally write and submit something.